

## June 10 - 14 | 9:00 - 11:00 a.m. Crawford County Extension Office 120 East Buffalo Street, Girard

Join SNAP-Ed Nutrition Assistant Cristina Rueda each day from June 10 - 14 to learn how to measure, mix, chop, slice and cook!

Registration is capped at 10 participants. Call the Crawford County Extension Office at (620) 724 - 8233 to reserve your spot!







Kansas State University Agricultural Experiment Station and Cooperative Extension Service

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